SPRING Dance & Movement for *Older* Youth with Special Needs

For online registration and credit card payment go to **https://register.communitypass.net/summit** or call the office at 908-277-2932. Questions? Contact TryCAN at summitcan@gmail.com or 908-277-2932 x 13.

Youth (ages 10-15) will have a blast learning new ways to move to their favorite music while working together with peers to begin to master the art of dance.

These dance and movement activities will help build:

Strength and flexibility

Gross motor coordination

Teamwork

Confidence from learning a new form of expression

Teen Peer Mentors will be on hand to assist and help the kids have fun!

Participants will have fun and be able to participate at their own pace!

Time: Sundays, 10:00-10:45 am
Spring 2016 dates: April 17-May 15 (no class May 8)
Location: Summit Community Center (in the Benson Room), 100 Morris Avenue
Instructor: Michele Goldin, Expert Dance & Movement Therapist
Cost: $65

Financial assistance may be available based on the Federal Free and Reduced Lunch Program. One subsidized program per child, per season. (Summit resident only).

TryCAN, a 501(c)(3) non-profit charitable organization, collaborates with several communities to offer an array of recreation programs for youth with special needs or those who need special accommodation. No non-resident fees are involved and all are welcome!

Contact summitcan@gmail.com for information about other programs/events for special populations.