

TENNIS SQUIRTS – FALL 2016

(Pre-school, ages 3-5)

US Sports Institute's Parent and Me Tennis Squirts is a fun-filled learning adventure that introduces children aged 3-5 years to the world of tennis. Children will learn fundamental skills and tennis strokes in a low pressured, fun environment. Following guidelines set out by the US Tennis Association, children will quickly develop their, hand eye coordination, balance and key tennis skills, using the highly appraised 10 and Under Tennis model. This introductory class offers a variety of fun games and activities to maximize participation, increase success, and promote learning.

Deerfield Tennis Courts

Time: 3:00pm – 3:50pm

Mondays: September 19 – October 31

Fee: \$135



Register at Borough Hall or mail to Recreation Department, 1385 Route 22 East, Mountainside, NJ 07092.

Make checks payable to *Mountainside Recreation Department*.

www.mountainside-nj.com or register online at www.communitypass.net

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First name _____ Last name _____

Street _____

Home phone _____ Parent Cell phone _____

Email _____

Medical Limitations _____

Date of birth _____ Male Female

My child has been examined by a physician, and to the best of my knowledge is physically fit to participate in a tennis program. Permission is hereby granted to engage in this activity. The Borough of Mountainside, employees, or coaches will not be liable for any injury from this activity. Players are responsible for their own transportation to and from the program. **I understand that state law requires my child to wear protective eyewear that meets national standards during this activity if he/she normally wears corrective eyeglasses.** I give my permission for my child to be photographed, and for the photographs to be used in Recreation Department materials.

Parent's authorization _____

Mountainside Recreation Department
(908) 232-0015

Fee paid: _____