



FOUNDATION TENNIS CLINIC– FALL 2016

(Ages 5-14)

US Sports Institute’s First Play tennis program follows developmental curriculums and guidelines laid out by the USTA, including their highly appraised QuickStart Tennis format. Regardless of age, participants will learn the basic fundamentals in stroke production, court movement and footwork skills, in a low pressured, yet energetic environment. Most importantly it’s all about fun, with games, games and more games during each session! This Tennis Camp is suited to players who are of beginner to intermediate level. All players who attend this program will have a great time playing and learning the number one racket sport in the US. Players must bring their own racquet.

Mondays: September 19 – October 31

Deerfield Tennis Courts (8-10 yr) 5:00pm – 6:00pm

Fee: \$145 (5-8 yr) 4:00pm – 5:00pm

Register at Borough Hall or mail to Recreation Department, 1385 Route 22 East, Mountainside, NJ 07092.

Make checks payable to Mountainside Recreation Department
www.mountainside-nj.com or register online at www.communitypass.net

First Play Tennis Clinic – Fall 2016

First name _____ Last name _____

Street _____

Home phone _____ Parent Cell phone _____

Email _____

Medical Limitations _____

Grade _____ School _____ Date of birth _____ Male Female

My child has been examined by a physician, and to the best of my knowledge is physically fit to participate in a tennis program. Permission is hereby granted to engage in this activity. The Borough of Mountainside, employees, or coaches will not be liable for any injury from this activity. Players are responsible for their own transportation to and from the program. **I understand that state law requires my child to wear protective eyewear that meets national standards during this activity if he/she normally wears corrective eyeglasses.** I give my permission for my child to be photographed, and for the photographs to be used in Recreation Department materials.

Parent’s authorization _____

Circle session:

5:00pm – 6:00pm (8-10 yr)

Mountainside Recreation Department
908-232-0015

4:00pm – 5:00pm (5-8 yr)

Fee pd. _____